



## **Surf Casting & Angling Club of WA (Inc)**

PO Box 2834 Malaga WA 6944

<http://www.surfcasters.iinet.net.au>

### **Club Committee for the Year 2009/2010**

President

**VACANT**

Vice President

**VACANT**

Immediate Past President

George Holman

Treasurer

**VACANT**

Field Day Officer

Mark Hansen

Assistant Field Day Officer

Peter Stoeckel

Secretary

**VACANT**

Website Co-ordinator

**VACANT**

Minute Secretary

**VACANT**

Membership Co-ordinator

John Crompton

Dry Casting Officer

**VACANT**

Ass. Dry Casting Officer

**VACANT**

Property Officer

Vix Alexander

Reel Talk Editor

Jennie Stoeckel

Recorder

Ian Cook

Social Organiser

Michelle Walker

Recfishwest Rep.

Terry Fuller

AAA Delegates

George Holman

Terry Fuller

### **Life Members of the Club:**

Jim Strong, Bob Klein, George Holman, Ric Parker, Ian Cook, Bob Henderson

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Not all items were available for publishing in the December 2009 issue of the Reel Talk due to the resignation of several committee members. We hope that the November minutes and Dry Casting results will soon be made available.

# **Nominations for Committee Positions**

As most of you are aware, several positions are now vacant on the 2009/2010 SCAC Committee. For the club to run effectively, these positions need to be filled as soon as possible.

Be assured, that if you choose to hold one of these positions, you will have the help and support of the current committee.

Please think carefully about putting your hand up and working together to keep the Surf Casters going.

## **Positions available:**

President

Vice President

Treasurer

Secretary

Dry Casting Officer

Assistant Dry Casting Officer

Website Co-ordinator

Minutes Secretary

These will be nominated and voted at the December General Meeting. We look forward to seeing you there!

### **November General Meeting**

**Where:** Coolbinia West Perth Amateur Football & Sporting Club  
Rooms . Wordsworth Avenue Yokine  
**When:** Wednesday 9<sup>th</sup> December at 20:00 Hours.  
**Instruction:** TBA

**This is the Christmas Social Function so please bring a plate of goodies and the social organiser will provide some refreshments.**

### **December Field Day**

**Where:** Seabird / Moore River  
**When:** 12<sup>th</sup> & 13<sup>th</sup> December  
**Sign on:** Saturday 11:00 at car park near Caravan Park  
**Weigh in:** Sunday 11:00 at car park near Caravan Park  
**Boundaries:** South: As far as you can walk south of Moore River mouth  
North: Seabird Settlement

### **January Field Day**

**Where:**  
**When:** 9<sup>th</sup> & 10<sup>th</sup> January  
**Sign on:** Saturday 15:00 at the Floreat Surf club  
**Weigh in:** Saturday 20:30 at the Floreat Surf club to be followed by BBQ and Pizzas  
**Boundaries:** South: Walking distance  
North: Walking distance

### **Local Field Day for December**

**When:** 12<sup>th</sup> & 13<sup>th</sup> December  
**Sign on:** The FDO by 1800 on Thursday  
**Lines down:** Saturday 12:00 hrs  
**Weigh in:** Sunday 10:00hrs Location to be advised. Scales will be available. An adult member must witness weights. FD Money to be left with the scales in an envelope with your name and details written in the carbon copy FD book NO MONEY NO POINTS. Results to be phoned into F.D Officer by 2000hrs that night.

**Boundaries:** Cape Peron to Two Rocks

### **Local Field Day for January 2010 See above**

## Calendar for Next Three Months

Here's a calendar showing the dates we will use for Dry Casting, General and Committee Meetings, and Field Days in the next three months.

<b>29</b>	AAA Event																											
<b>8</b>	Dry Casting						<b>11</b>	General Meeting						<b>14</b>	<b>15</b>	Field Day						<b>18</b>	Committee Meeting					
<b>December 2009</b>							<b>January 2010</b>							<b>February 2010</b>														
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun								
	1	2	3	4	5	<b>6</b>					1	2	<b>3</b>	1	2	3	4	5	6	<b>7</b>								
7	8	<b>9</b>	10	11	<b>12</b>	<b>13</b>	4	5	6	7	8	<b>9</b>	<b>10</b>	8	9	<b>10</b>	11	12	<b>13</b>	<b>14</b>								
14	15	<b>16</b>	17	18	19	20	11	12	<b>13</b>	14	15	16	17	15	16	<b>17</b>	18	19	20	21								
21	22	23	24	25	26	27	18	19	<b>20</b>	21	22	23	24	22	23	24	25	26	27	28								
28	29	30	31				25	26	27	28	29	30	31															

## FIELD DAY VENUES 2009/2010

DATE	VENUE	BOUNDARIES
12-13 December	Seabird/ Moore River	Seabird settlement/as far as you can walk south of Moore River mouth
16-17 January	Local	Floreat drain close boundaries + BBQ or pizzas
13-14 February	Cervantes	1km south of Cervantes jetty/Jurien Marina
27 February-1 March LWE	Warren River	Donnelly River/Windy Harbour
24-26 April LWE	Bluff Creek	As far as you can walk past Eastern Rocks/Cheyne's Beach

I received this letter via email from Sabby – obviously Josh WILL have an excuse?????

Hi Jennie,

I have to share my thoughts on my first trip to Cervantes with the angling club. I think I learnt more in one weekend than in ten years about lures, rigs, fishing spots, 4WD driving, snatch straps, double snatch straps and how to drive an Adventura station wagon on the beach.

I have to thank everyone for making me feel welcome. Even though I had little success on the fishing front and I was totally undermanned and unprepared gear wise, I must admit I had a great time. To see all the fish being caught and for being part of the atmosphere made me think I've made the right choice wanting to join the club.

I hope to be there for the next trip to Seabird. A big thanks to Josh and Tina for inviting me to tag along and Jennie please tell me the photos of the station wagon being bogged are in the next Reel Talk edition?

Thanks again

Sabby Pizzolante



**Bogged? Me? Of course not – just saving fuel!!!**

This is the first submission to the latest part of the Reel Talk –  
**“The Bog Files!”**

This will be fun bit of competition to see who has the best “Bogged” photos.

Send them in and have a good laugh – WITH the “boggee” of course – not AT them!!!

Dig into all your old archives of photos and see what you can find and send them to Jennie Stoeckel – [jenspirit@bigpond.com](mailto:jenspirit@bigpond.com)

## Cervantès to Hill River Field Day Report 14,15 November 2009

It was partly cloudy but fine with light westerly winds as we left Perth and headed north around 7.30



Saturday morning. At the Cataby roadhouse we met up with Charles, Josh and Tina, Peter and young Kaitlin for a quick breakfast, then driving about an hour north/west past the windmills and onto the Hill river car park in readiness for the 11.00 am sign on. Several surfcasterers had made the trip on the Friday; some stayed in civilized accommodation at Cervantes while others came to reconnoitre the area, find the best fishing grounds, set up camp and get some pre-emptive fishing practice in.

Reports of recent large hauls of tailor had helped boost the number that signed on to a healthy 27 participants including three new members Josh, Tina and Stefan; three visitors Sabatino, Adam and Sharon also it was great to see four mini juniors namely Morgan, Felicity, Olivia and Kaitlin. Once the formalities and paper work had been completed half



the contingent headed north towards Hill River, Bev, Greg and his three children went to the Cervantes Township, while the rest of us drove south to Black Rock. John, Adam, Lea and Sabatino had set up camp here on Friday and had already caught some pre-competition tailor.

Mark, Wendy, Charles, Peter and Kaitlin pitched camp in the lee [north] of the rocky head-land as the sea breeze can be more like



a gale on this part of the coast. The sea was particularly green and there seemed to be a large amount of weed everywhere. All the sand had been washed off the reef platform since we were last here in February and a sheltered lagoon had formed between the reef and the beach, which was teeming with baitfish. A few other fishermen were set up on the reef and were hooking up and



landing the odd tailor. From the noon "lines down"[or a bit more like mid-afternoon for those less enthusiastic] we took turns hurling baits or lures into the briny but with little success. Anything left out too long became a large entanglement of weed. Around 6.00ish on a rising tide the tailor came on in spades

although not large in size [less than a kilo] they were great in number. By sundown, Mark and Lea caught their 8 tailor on silver lures while Charles had quietly landed his 8 with bait, Josh, Stefan, Sabatino, Adam also got amongst the tailor while Peter



and Kaitlin tried their luck on the beach. From later reports, the others to have their bag limit of tailor were Malcolm, George, Peet and Sandra. Josh and Tina set up camp for the night, John and Josh prepared themselves for some nocturnal fishing with many green glowsticks, chairs and beverages but alas the ever-persistent weed eventually thwarted their





efforts. At dawn a slight easterly was evident so Mark set out a slow, oily berley trail and rigged up soft plastics for herring and gardies. After an hour the berley advertising had attracted the fish close to the reef but for some strange reason they weren't very hungry and hook ups were infrequent even though the fish readily followed the lures and/or bait. A light sea breeze came in by 9.30 am so signalling the end of gardie fishing and the start of packing everything away. By 10.10 am engines were started, Mark

and Wendy took the "Lets scratch up your duco" track back to the weigh in and got there in twenty minutes, the rest of the "Black Rock Mob" decided to try their 4WD skills via the beach route, which was reasonably soft in places and some of the lower slung surfcasters required the aid of shovels and snatchstraps to continue their progress, needless to say they took over an hour to



reach the car park! 15 people weighed in 6 species of fish,



the most numerous being tailor [86]. In the Length Competition a total of 59.55 metres made up from 9 species of 186 fish. The total tally of tailor either weighed in or measured was 116. The Best Scale Fish was won by Lea Taylor whose 0.682 kg tailor beat Charles

Faure's 0.680 kg tailor by a mere two grams. Best Bag of Scale Fish went to Sandra Wessels with a weighty 6.940 kg in the esky; she also took out the Total Length Comp for the month with 12.97 metres of



measured fish. Theo Van Niekerk was the only competitor to bag a shark that tipped the scales at 6.042 kg consequently won the categories for Best Shark and Best Bag including Sharks with 11.390 kg. George Holman put up a spot



prize, of a lure, for whoever weighed in the heaviest flathead, Dave Maxted's 0.280kg entry was the winner by 80 grams. Well done to all the winners. Our next Field Day is between Seabird and as far as you can walk south of the Moore River mouth, this is quite close to home and some monster tailor have been caught in this area! No, I won't tell you exactly where, you'll just have to come and find that out for your selves but it is somewhere between Seabird and Guilderton.

**Mark Hansen**

**Field Day Officer**



# The 2010/2011 SCAC Calendar!

We are starting to plan a fantastic new calendar for the Surf Caster's Club. This time it is up to you – the Club's members - to say what you would like to see displayed each month in the calendar.

We need you to send in all your great photos to Michelle Walker at [gregwalkercontract@bigpond.com](mailto:gregwalkercontract@bigpond.com), or bring them as soon as possible to the general meeting, and you will have a chance to get your calendar for FREE. We are holding a competition for the front cover and the picture chosen will be the cover of this fantastic asset to yourself and the SCAC.

We are looking for photos from Field Day venues – both fish and the venue itself, wonderful sunsets or sunrises on the beach, pictures from dry casting and as much variety as you can imagine.

This will be a fun event that everyone can participate in – join in and share your wonderful photo memories with your fellow club members.

This competition closes at the end of January 2010 so be quick and have your say in what you display on your wall when you purchase the great new 2010/2011 SCAC Calendar!

If you would like to advertise your business – or know of anyone who does – you can put your business on the calendar for only \$50.00. This includes placement on one of the calendar months and also on the back cover page.

Please contact Michelle on 0407 037 725 for more details.



## **SCAC Nite Cast is back on!!!**

This will be held on Saturday 13<sup>th</sup> March 2010 at the Yokine reserve that is used for the general Dry Casting event.

Start time will be 6.00pm for the barbecue (bring your own meat, salad, plates, cutlery, chairs, etc). Soft drinks, tea and coffee will be supplied free of charge by the Social Organiser.

Casting generally begins about 8.00pm and you will need your casting equipment and glow sticks.

Mark this date in your calendar!!!



## **December General Meeting**

Don't forget to bring a plate of food to share at the December General Meeting on Wednesday 9<sup>th</sup> December 2009.

After the normal meeting business we will all get together and celebrate this wondrous time of year with laughter, food and beverages.

All drinks will be provided free of charge by the  
Surf Caster's Social Organiser.

It is a great chance to chat to all the great friends you have made through the Club. Please come along and enjoy!

## Recorders Report for December 2009 - 2010

### Open Competition Results including November

Section	For	Min Weight	Details
1.	Most Meritorious Capture	None	Winner chosen by the Committee, if the Committee considers meritorious enough.
2.	Best Shark	4.5 kg	
3.	Best Mulloway	5.0 kg	
4.	Best Salmon	3.5 kg	
5.	Best Dhufish	Legal size	
6.	Best Tailor	1.5 kg	Mal Head Kalbarri 2.62 kg
7.	Best Samson Fish	1.5 kg	
8.	Best Fish on single handed rod, maximum 4kg line class	Legal size	
9.	Best Pink Snapper	2.0 kg	
10.	Best Tarwhine	0.5 kg	
11.	Best Mackerel	4.0 kg	
12.	Best Skipjack Trevally (southern)	1.0 kg	
13.	Best Trevally (northern)	4.0 kg	
14.	Best Snook/Pike	0.5 kg	
15.	Best Black or Yellow fin Bream	0.6 kg	
16.	Best Scale fish other than sections 3 to 14	2.0 kg	
17.	Best Fish caught on Fly Rod.	Legal size	

### Field Day Sections up to and including November

Field Day Sections up to and including November				
	Section	Angler	Species	Weight
1A	Best Scale Fish (1st Six Months)	Peet Wessels	Yellowtail Kingfish	6.118
1B	Best Scale Fish (2nd Six Months)			
2	Most Meritous Fish			
3	Best Shark (4.5kg min)			
4	Best Mulloway (2.0kg min)			
5	Best Tailor (1.0kg min)	David Maxted	Tailor	1.684
6	Best Salmon (3kg min)	Theo Van Niekerk	Salmon	4.432
7	Best Skipjack Trevally (0.5 kg min)	Ian Cook	Trevally, Skipjack	1.044
8	Best Mackerel (2kg Min)			
9	Best Scale Fish (Other than above)	Greg Keet	Yellowtail Kingfish	5.816
10	Best Bag Of Scale Fish	Malcolm Harris	Mixed Bag	14.124
11	Best Bag Of Mulloway (2 Fish Min)			
12	Best Bag Of Tailor (2 Fish Min)	George Holman	Tailor	5.434
13	Best Fish On S/H Rod 4kg b/s line (max)	Mark Hansen	Flathead	0.566
14	Best Fish Caught on Fly Rod			

<b>Sportsperson Of The Year Sections for November</b>			
<b>Section</b>	<b>Angler</b>	<b>Species</b>	<b>Weight</b>
Best Scale Fish	Lea Taylor	Tailor	0.682
Best Bag of Scale fish	Sandra Wessels	Mixed Bag	6.940
Best Shark	Theo Van Niekerk	Shark	6.042
Best Bag Including Sharks	Theo Van Niekerk	Mixed Bag	11.390
<b>Field Day Prizes for November</b>			
<b>Section</b>	<b>Angler</b>	<b>Species</b>	<b>Weight</b>
Best Scale Fish	Lea Taylor	Tailor	0.682
Best Bag of Scale fish	Sandra Wessels	Mixed Bag	6.940
Best Shark	Theo Van Niekerk	Shark	6.042
Best Bag Including Sharks	Theo Van Niekerk	Mixed Bag	11.390

**Progressive Scores for 2009 - 2010**

Malcolm Harris	1389.28	Greg Walker	100
Peet Wessels	984.24	John Crompton	100
Sandra Wessels	816.76	Adam Meto	90.62
Mark Hansen	682.18	Sabatino Pizzolante	75.92
Ian Cook	506.14	Kaitlin Stoeckel	70
George Holman	496.6	Josh Lococq	69.7
Vix Alexander	452.58	Stefan Wiklund	69.24
Theo Van Niekerk	448.34	Pat Wee	55.6
Greg Keet	431.24	Bev Grigo	50
Wendy Hansen	390.78	Holly Walker	50
David Maxted	330.44	Michelle Walker	50
Charles Faure	306.54	Morris Kolman	50
Peter Osborne	249.42	Joseph Kolman	50
Lea Taylor	226.66	Felicety Keet	40
Peter Stoeckel	210	Morgan Keet	40
Melvin Wee	185.98	Olivia Keet	40
Daniel Jambanis	114	Tina Lococq	40
Ian Taggart	112.6	Sharon Wee	40

Congratulations to Mal Head on achieving his Grand Masters Tailor.

The fish weighted in at 2.62 kg so was well over the 2.5kg required. The fish will go in the Open competition under section 6.

Peet Wesells Yellow Tailed Kingfish from last month's Rottneest trip qualifies for inclusion in the Baron Lure Competition and will be very hard to better in the last few months of this competition year

**Barron Lure Competition 2009 – 2010**

Heaviest Tailor	George Holman	2.3 kg
Heaviest Salmon`		
Heaviest Fish (Yellow Tailed Kingfish)	Peet Wesells	6.118 kg

Tight Lines  
Ian

All,

Here are my comments on the Oct 2009 Field day -

Again, Rotto lived up to expectations. As a club member for some 25 years, enjoy Surfcasters field day on an on and off again attendance due to commitments I have in periods of working overseas catching quality fish at Rotto has always been one of my favourite fishing adventures.

I managed to work a home leave to participate in this field day weekend. The concept of going over Sat morning and returning Monday morning worked well. In particular the weigh-in and return trip was more relaxing and comfortable than had experienced in previous trips of returning mid day Sundays – course this is a disadvantage for people who have to work on Mondays.

The club picked the correct weekend with respect to low tides – enabling all to fish various reefs all afternoon due to low tides. Unfortunately a front came through at this weekend, but not anywhere near as have experienced I some of our August trips. Would recommend the Club try October again in future field days as: -

Fishing was a bit slow during the day, but late afternoon- magic, i.e.

At radar reef - the yellowtail kingfish arrived, some times a bit slow at first and a few undersize, but this would build up to multiple hook-ups. On size fish, these averaged bigger than what I had seen in the past with fish ranging from 4.5 to 6.5 + kilo. Hard work in getting them out of the water – viz – Some successes punctuated by break-offs and broken rod tips – Boy they pull hard.

I had a surprise in that I caught a decent salmon. Couldn't figure it out while playing the fish, the way it started to fight, not a yellowtail, must be a big buffie (we all had hooked some monsters over the weekend) , but no, then finally came close to edge of reef and near surface and could be identified – surprise, as to this time of year to hook one of these. Must have been a real straggler

For a fellow that is now getting a bit long in the tooth, such fishing is hard work in playing, landing (grunt, heave, zzzz of reel, lean into the rod, nearly get pulled in etc) and finally getting the fish into a carry bag, then back to shore. Again for me getting a bag of fish of this size up the hill from radar was even more work than getting the fish out of the water. What a work-out – wouldn't miss it for the world.

Attached some photo's of my success.

Another pleasant feature of the Rotto experience is the time periods of socializing during the weekend in the huts, bus trips and in particular, that coffee etc Monday morning before the ferry back – Everyone excitedly telling and reliving their experiences with battling the yellowtail. To some fisherpersons on this trip they were their first ever yellowtail in their bag.

To cap it off, early that week we had a get together, family, through to all the grandchildren, friends etc and was able to have a fish BBQ, with enough fish left over to have daughters take some home with them.

Surfcasters, Rotto – great stuff

Regards,

Peter Osborne





Do you think Peet is happy with his catch???  
Congratulations!



### **A Note from Mal Head**

A big thank you o Jenny Head's brother and sister-in-law Ted and Thelma Smith for donating 6 padded green cushions which were needed for the chairs at the Kalbarri house.

Also, thank you to Ted for helping Mal remove 2 loads of leaves in Mal's ute to the tip. If everyone does a bit when they go up, it will help to keep it tidy.

Mal Head.

# Drink Up

- Fluid replacement should be part of every sports person's activity plan.
- Exercise causes sweating, which deprives the body of vital fluids.
- Thirst is a poor indicator of your level of hydration.
- Dehydration can cause headaches, nausea, dizziness and heat stress.
- Adequate fluid replacement before, during and after physical activity will lessen the dangerous effects that dehydration can have on the body.

## Fluid Replacement Guidelines

- Always start exercise well hydrated.
- Participants of sport and those undertaking regular physical activity should note the following guidelines.
  - Before Activity** - drink 300-500ml, 45 minutes before activity.
  - During Activity** - drink 150-300ml every 15-20 minutes of activity.
  - After Activity** - drink plenty of fluids even if you don't feel thirsty.
- Coaches and parents should remember that children are at a greater risk of heat stress and should be encouraged to regularly take in fluids, have more frequent breaks and train for shorter periods of time.

## What to Drink

- Cool plain water is the best fluid replacement drink.
- Most sports people do not exercise at an intensity to warrant the use of a sports drink for rehydration. However, sports drinks are ideally suited to high-intensity and endurance sports to aid in recovery.

**So beat the heat, keep your fluids up, get up, get out there and get active!**

For more information:

**Sports Medicine Australia**

Website: [www.smawa.asn.au](http://www.smawa.asn.au)

Email: [info@smawa.asn.au](mailto:info@smawa.asn.au)

Phone (08) 9285 8033

